



**Torrington Youth Soccer**

P.O. Box 625  
Torrington, CT 06790

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Players Tryouts Schedule

Name:

Coach:

# Div. 1 Boys or Girls

Age Group \_\_\_\_\_ Grading system 1-10 point I(low) 10(high)

Warm up 15 Minutes

1. Dribbling (10 points)

- A. Basic dribbling
- B. Dribbling with moves
- C. Dribbling with speed

Points \_\_\_\_\_

2. Passing/receiving using proper technique (10 points)

- A. Passing and receiving game
- B. Short & Long passing
- C. Passing in tight situation

Points \_\_\_\_\_

3. Shooting (10 points)

- A. Right foot 5-10 shots
- B. Left foot 5-10 Shots

Points \_\_\_\_\_

4. Speed Test

40-Yard Dash (not scored)

5. 3v3 or 4v4 (20 points)

A. Team Player

B. Positive Attitude

C. Good work rate

D. Coachable

E. Follows Direction

Points \_\_\_\_\_

(50 Points) Total score\_\_\_\_\_ Ranking \_\_\_\_\_